



HOLLAND TRADE MEDICAL LTD

RESULTS OF PRACTICAL STUDY OF STERNASAFE - Sternum Support Harness

Location : **Academical Hospital Maastricht, The Netherlands**
Period : January 2009 - September 2009
Patients : 60
Department : (Nursery Department D4) Cardiothoracic Surgery
Coordinator : Mr. J. Swennen and Mr. H.M.P. Croes
Main item : pain relief, comfort, efficacy
Scale 1-10 : 1 = completely disagree 10 = completely agree

QUESTIONS ASKED OF THE NURSING STAFF

Question 1) After demonstration by the nurse, it is clear to the patient how to use the SternaSafe.

Response: *average = 9*

Question 2) It is easy to adjust the SternaSafe to the patient.

Response: *average = 8*

Question 3) During coughing, patients with SternaSafe have less pain than the patients using a pillow.

Response: *average = 9*

Question 4) By using SternaSafe it is easier for the patient to cough up fluid from the lungs.

Response: *average = 8*

Question 5) During coughing it is easy for the patient to use the SternaSafe correctly.

Response: *average = 7*

Question 6) SternaSafe provides the patient better support than using a pillow.

Response: *average = 9*

QUESTIONS ASKED OF PATIENTS

Question 7) SternaSafe is comfortable to wear.

Response: *average = 7*

Question 8) SternaSafe gives good support during coughing.
(When coughing, the patient can provide enough counter-pressure using SternaSafe)

Response: *average = 8*